



Date [] [] [] [] [] []

Center-Code [] [] [] [] [] []

Unit-Code [] [] [] [] [] []

1a. Main specialty (choose only one)

Internal Medicine

- General
○ Cardiology
○ Gastroenterology & hepatology
○ Geriatrics
○ Infectious diseases
○ Nephrology
○ Oncology (incl. radiotherapy)

Surgery

- General
○ Cardiac/Vascular/Thoracic
○ Neurosurgery
○ Orthopedic
○ Trauma
○ Urology
○ Bariatric

- Ear Nose Throat (ENT)
○ Gynecology / Obstetrics
○ Neurology
○ Psychiatry
○ Pediatrics
○ Interdisciplinary
○ Long term care
○ Hospital care at home
○ Others

1b. For surgical units only

- a) Do you do ERAS?* ○ Yes ○ No ○ I do not know
b) Do you have an ERAS protocol? ○ ○ ○
c) Do you have an ERAS team? ○ ○ ○
d) Do you audit your ERAS results or practice? ○ ○ ○

2. Number of registered inpatients at noon [] [] []

3. Total bed capacity of the unit [] [] []

4. Number of each type of staff in the unit for TODAY's morning shift (excluding cleaning and temporary nDay staff)

Table with 2 columns: Fully trained, In training. Rows: Medical doctors, Medical students, Nurses, Nursing aides, Dieticians, Nutritionists, Administrative staff, Other staff involved in patient care.

5. Is there a nutrition support team in your hospital available? ○ Yes ○ No ○ I do not know

6. Does the unit have a nutrition care strategy? ○ Yes ○ No ○ I do not know

7. Is there a person in your unit responsible for nutrition care? ○ Yes ○ No ○ I do not know

8. Is there a dietician, nutritionist or dietetic assistant available for your unit? ○ Yes ○ No ○ I do not know

9. Is specific staff responsible for providing feeding assistance to patients during meal times? ○ Yes ○ No ○ I do not know

10. How do you MAINLY screen/monitor patients for malnutrition? (choose only one answer per column)

At admission

- No routine screening
○ No fixed criteria
○ Experience / visual assessment only
○ Weighing / BMI only
○ Nutritional Risk Screening (NRS) 2002
○ Malnutrition Universal Screening Tool (MUST)
○ Malnutrition Screening tool (MST)
○ SNAQ
○ Other formal tool

During hospital stay

- No routine monitoring
○ No fixed criteria
○ Experience / visual assessment only
○ Weighing / BMI only
○ Other formal tool

