



Date [] [] [] [] [] [] [] []

Center-Code [] [] [] [] [] [] [] []

Unit-Code [] [] [] [] [] [] [] []

1. Number of ICU beds Current [] [] [] [] Maximum [] [] [] [] [] []

2. Type of ICU
Medical ICU, Surgical ICU, Interdisciplinary ICU, High Dependency Unit (HDU), Other

3. Does your ICU regularly discharge to an intermediate care unit? Yes, No, I don't know

4. Do you have a post-ICU clinic? Yes, No, I don't know

5. Do you have a regular follow-up after hospital discharge? Yes, No, I don't know

6. Total number of staff in the ICU

Table with 2 columns: Total number, Full time equivalent. Rows include: Intensivist, Anesthesiologist, Internist, Pediatrician, Surgeon, Nurse, Nursing aide, Dietician, Physiotherapist, Pharmacist, Other.

7. Is there a person on your unit dedicated to nutritional care? Yes, No, I don't know

8. Is there a nutrition team in your hospital? Yes, No, I don't know

9a. Do you have written procedures for nutritional care? Yes, No, I don't know

9b. If yes, which one: National guidelines, International guidelines, ICU nutrition protocol, Individual patient care plans

10. How do you assess physical and nutritional status before ICU admission?

Weight / Height, Frailty level, Clinical global assessment, Laboratory parameters, Mobility level, GLIM, None, Other

11. Which parameters do you assess for physical and nutritional status in the ICU?

Strength, Ultrasound muscle mass, CT muscle mass, BIA

12. In general, what is your caloric goal on ICU day 7? [] kcal/kg/day, I don't know

13. In general, what is your protein goal on ICU day 7? [] g/kg/day, I don't know

14. How do you assess the caloric goal? Indirect Calorimetry, VCO2, Weight-based target, Equation, Other, NA

15. Which body weight do you use?

Actual weight, Estimated weight, Ideal weight, Adjusted weight (ESPEN guidelines)