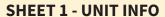


nutritionDay in Intensive Care Unit Questionnaire





Date		Center-Code			Unit-Code		
1. Number of ICU beds	Number of ICU beds Current				Maximum		
2. Type of ICU O Medical ICU O Surgical ICU High Dependency Unit (HDU)				○ Interdisciplinary ICU ○ Other			
3. Does your ICU regularly discharge to an intermediate care unit?				O Ye	s O No	O I don't know	
4. Do you have a post-ICU clinic?				O Ye	s O No	O I don't know	
5. Do you have a regular follow-up after hospital discharge?				O Ye	s O No	O I don't know	
6. Total number of staff in th	ne ICU	Intensivist Anesthesiologist Internist Pediatrician Surgeon Nurse Nursing aide Dietician Physiotherapist Pharmacist Other	Total number		Full time equivalent		
7. Is there a person on your unit dedicated to nutritional care?				O Yes	O No	O I don't know	
8. Is there a nutrition team in your hospital?				O Yes	O No	O I don't know	
9a. Do you have written procedures for nutritional care?				○ Yes ○ No		O I don't know	
9b. If yes, which one:	☐ National guidelines ☐ International guidelines			☐ ICU nutrition protocol ☐ Individual patient care plans			
10. How do you assess physi	cal and nutri	tional status before IC	CU admission?				
□ Weight / Height□ Clinical global assessment□ Frailty level□ Laboratory parameters				☐ Mobility level ☐ GLIM		☐ None ☐ Other	
11. Which parameters do yo	u assess for p	hysical and nutrition	al status in the IC	CU?			
☐ Strength	□Ultr	asound muscle mass		☐ CT m	nuscle mass	□ВІА	
12. In general, what is your caloric goal on ICU day 7?				kcal/kg/day O I don't know			
13. In general, what is your protein goal on ICU day 7?				g/kg/day O I don't know			
14. How do you assess the caloric goal? O Indirect Calorin O VCO2			metry	○ Weight-based target○ Equation		O Other O NA	
15. Which body weight do you use? ○ Actual weight ○ Estimated weight ○ Ideal weight ○ Adjusted weight (ESPEN guidelines)							
THANK YOU for participating to nutrition	nDay in ICU.		2025 V1 ENGLISH	:	ESPEN The Language Storey To	MEDICAL UNIVERSITY OF VIENNA	

