



GENERAL

Patient's initials ¹⁰

Pat. N° ¹¹

CENTER CODE:² _____ UNIT CODE:³ _____ DATE:¹ _____

123
nutritionDay
on worldwide ICUs

TREATMENT/ LABORATORY (Actual day)		
sedated ²²		NS=No, IS=Intermittent, CS=Continuous
paralyzed ²²		NP=No, IP=Intermittent, CP=Continuous
Glasgow Coma Scale ³⁹		total score as if patient would not be sedated
sedation with propofol? ⁴⁰	---	ml/d Y/N (Y = Yes, N = No), insert ml/d
ventilated (more than 8 hours) ²²		n=no, i = intubated, f=face mask, h=helmet, o=other
PaO ₂ /FiO ₂ ⁴¹		lowest value in last 24 hours (mmHg)
head position: ²²		a = 0 b = 30 c = 45 d = other
Pain control ²²		1=opioids 4=other sedatives 2=epidural 5=no paincontrol 3=other analgetics
Limitation of care? ²²		N =No, T =Terminal Care, L =limited Care, D =DNR
mean blood pressure ⁴²		lowest value for minimum one hour
vasoactive support (more than 1 hour /day) ²²		N=No I=Inotropics V=Vasopressor D=Vasodilator
vasopressor dose ²²		LD: Noradrenaline <0.1 mcg.kg-1.h-1 HD: Noradrenaline >0.1 mcg.kg-1.h-1
insulin therapy ²²		N=No, I=Intermittent, C=Continuous, P=Pen
Antibiotic treatment ⁸		Y/N (Y = Yes, N = No)
diuretics? ²²		N=No, I=Intermittent, C=Continuous,
renal replacement therapy ²²		N=No HD=Hemodialysis HF=hemofiltration HDF=Hemodiafiltration
urine volume ⁴³		ml over the last 24h
Creatinine ³⁶		○ mg/dl ○ μmol/L
Glucose ³⁷	MIN	MAX ○ mg/dl ○ mmol/L
Bilirubin ³⁵		○ mg/dl ○ μmol/L
Lactat ⁴⁴	MIN	MAX ○ mg/dl ○ mmol/L
Platelets ⁴⁵		G/l

NEMS (Actual day)	
<input type="radio"/> Basic monitoring ⁴⁶	Hourly vital signs, regular record and calculation of fluid balance
<input type="radio"/> Intravenous medication ⁴⁶	bolus or continuously, NOT including vasoactive drugs
<input type="radio"/> Mechanical ventilatory support ⁴⁶	any form of mechanical/assisted ventilation, with or without PEEP (e.g. CPAP), with or without muscle relaxants
<input type="radio"/> Supplementary ventilatory care ⁴⁶	breathing spontaneously through endotracheal tube; supplementary O ₂ any method, except if (3) applies
<input type="radio"/> Single vasoactive medication ⁴⁶	any vasoactive drug
<input type="radio"/> Multiple vasoactive medication ⁴⁶	more than one vasoactive drug, regardless of type and dose
<input type="radio"/> Dialysis & Hemofiltration ⁴⁶	all dialysis techniques
<input type="radio"/> Specific interventions in the ICU ⁴⁶	e.g. endotracheal intubation, introduction of pacemaker, cardioversion, endoscopy, emergency operation in the past 24 h, gastric lavage; routine interventions e.g. X-rays, echocardiography, electrocardiography, dressings, introduction of venous or arterial line, are NOT included
<input type="radio"/> Specific interventions outside the ICU ⁴⁶	e.g. surgical intervention or diagnostic procedure; the intervention/procedure is related to the severity of illness of the patient and makes an extra demand upon manpower efforts in the ICU

INFECTIONS (within last 10 days)			
pneumonia ²²	Yes	No	Not Available
uninary tract inf. ²²	Yes	No	Not Available
catheter inf. ²²	Yes	No	Not Available
wound inf. ²²	Yes	No	Not Available

RAMSAY Score (Actual Day)	
anxious, agitated, restless ⁴⁶	
cooperative, orientated, tranquil ⁴⁶	
responds to commands only ⁴⁶	
light glabellar tap => brisk response ⁴⁶	
light glabellar tap => sluggish response ⁴⁶	
no response ⁴⁶	