



nutritionDay worldwide  
benchmark & monitor your nutrition care

## nutritionDay Newsletter

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We'd like to thank you for participating and hope that your unit had a successful nDay 2017!

The date for next year's nDay is already set. **nDay 2018** will take place on the **15th of November, 2018**. Save the date!



### National reports for 2016 available

All **national reports** 2016 have been updated and are now available on the website [here](#).

To preserve anonymity, only national reports of those countries with 6 or more participating units are provided on the nutritionDay website for download.

### 30-Days-Outcome

Please complete the 30-Days-Outcome evaluation questionnaire for **nDay in hospitals** on the **9<sup>th</sup> of December, 2017**. You can find the questionnaire "30-Day-Outcome" in your preferred language [here](#). Please use the patient's medical record for your outcome data collection. You do not need to contact the patient for this information.

The outcome evaluation for ICU-patients should take place 60 days after nutritionDay (8<sup>th</sup> of January, 2018). In nursing homes, the outcome should be evaluated 180 days after nutritionDay (8<sup>th</sup> of May, 2018)

As usual, you can do your data entry via our homepage [www.nutritionday.org](http://www.nutritionday.org). Click „my nutritionDay | login“ → “data entry | upload” and choose your category.

### Data entry

As usual, data entry is possible via our website [www.nutritionday.org](http://www.nutritionday.org). Click → “my nDay | login” → “data entry | upload” and choose your category (hospital, ICU or nursing home).

Log in with your centre and unit code (as indicated below) and complete „sheet 2 & outcome data” for each patient.

e.g. Centre code: 1234, Unit code: 5678

**Data Entry Code:** 1234nd5678 (exchange “nd” with “icu” or “nh” for your category)

**Unit Code:** 5678

**Step by step guidance:** for [hospitals](#), [ICU](#) or [nursing homes](#)

Due to a content management system update in September/October, some login problems occurred for participants who registered during this time period. The problem should be solved, however please let us know if you are still experiencing any problems with the log-in to the data entry.

### Get your certificate!

nutritionDay participants receive a certificate! To receive the nD certificate, three quality criteria have to be met:

1. Minimum of 8 patients/residents have to be included in the audit per unit (this is also the minimum number required to receive a unit report).
2. Minimum of 60% of all patients/residents present on nD have to be included in the nD audit.
3. Minimum of 80% of patients/residents (which have participated in nutritionDay) have to be included in the outcome evaluation 30 days (hospitals) or 180 days (nursing homes) after nD.

### Step by step Guidance:

[http://www.nutritionday.org/cms/upload/pdf/1\\_for\\_hospitals/1.5.certificates/Step\\_by\\_Step\\_guidance\\_for\\_hospitals\\_-\\_How\\_to\\_receive\\_a\\_nutritionDay\\_certificate\\_english.pdf](http://www.nutritionday.org/cms/upload/pdf/1_for_hospitals/1.5.certificates/Step_by_Step_guidance_for_hospitals_-_How_to_receive_a_nutritionDay_certificate_english.pdf)

### Country Counter

Follow the **country counter** to see participation rates of your country in 2017!

Country counter: <https://medexpert.msi.meduniwien.ac.at/maps/index17.html>

### Participating units

The list of the centers, who participated in nutritionDay 2016 is updated and can be found [here](#).

If you do not wish, that your unit is listed as participating center in 2017 on our website, please send a short mail to [office@nutritionday.org](mailto:office@nutritionday.org).

### Thai Sheets available

For the first time, our sheets are available in Thai language this year. Please find the sheets for all three settings [here](#).

## Poster presentation at ASPEN 2018

The ASPEN 2018 Nutrition Science and Practice Conference will take place at Caesars Palace, Las Vegas, Nevada from January 22nd to 25th, 2018.

nDay will be represented with the presentation „*nutritionDay & the Malnutrition Challenge: 11 years*” by nutritionDay’s project leader Prof. Dr. Michael Hiesmayr on the 23rd of January 7:00 – 9:00 pm.

„*Prevalence of Malnutrition Risk and the Impact of Nutrition Risk on Hospital Outcomes: Results from nutritionDay in the U.S.*” (abstract number 2835152/W43) has been accepted for poster presentation at ASPEN 2018. The poster will be displayed in the exhibit hall from Tuesday, January 23rd just after 2:00 pm through Wednesday, January 24 at 2:15 pm.

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**Contact:** Sigrid Moick, MA  
Lara Maier  
[office@nutritionday.org](mailto:office@nutritionday.org)  
Hoefergasse 13/5, 1090 Vienna, Österreich  
+43 (0) 680 55 24 917

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