



nutritionDay worldwide  
benchmark & monitor your nutrition care

## nutritionDay Newsletter

**nDay 2018** is going to take place on the **15th of November 2018!**  
Save the date!



### Neue Datenschutzverordnung

The new general **EU Data Protection Regulation** (GDPR), which will allow even greater protection of your personal data, will come into force on the 25th of May, 2018. In order to be allowed to provide you with information on nutritionDay activities we need your approval. Should you not want to **receive our newsletter in the future**, please let us know by sending a short mail to [office@nutritionday.org](mailto:office@nutritionday.org).

We would be pleased if we may still provide you – as a part of the nutritionDay community – with news and information on nutritionDay in the future!

### nDay express

We are happy to already announce a new, additional version of our questionnaire. The **nDay express** shall become a **shorter alternative for nDay in hospitals**. This version is for participating hospital wards that cannot invest the time required for the long version of nDay in hospitals. The aim is to simplify the data collection and to reduce the workload for participating units.



The **implementation** of nDay express is planned for **nDay 2018!** We will keep you updated with further information on the development process via the newsletter.

### Reminder: Outcome evaluation!

We'd like to remind you to complete the **outcome for nDay in nursing homes** on the **8th of May, 2018**.

As usual, data entry is possible via our website [www.nutritionday.org](http://www.nutritionday.org). Click → "my nDay | login" → "data entry | upload" and choose your category (hospital, ICU or nursing home). Log in with your centre and unit code (as indicated below) and complete „**sheet 2 & outcome data**“ for each patient.

## Ernährung 2018 – Kassel/Germany

nDay will be represented at the congress „**Ernährung 2018**“ taking place from the 21st to the 23rd of June in **Kassel, Germany**. We are happy to invite you to the following sessions and the nDay workshop:

### Friday, 22nd of June 2018

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Aschrottsaal

17.:45 – 18:45 Uhr

17:45 nutritionDay in Pflegeheimen – Erkennen für die Praxis

18:00 nutritionDay im Krankenhaus – Was können wir daraus lernen?

18:15 nutritionDay in der Intensivmedizin – Herausforderungen für die Intensivmedizin

18:30 nutritionDay – Möglichkeiten für ein lokales und nationales Benchmarking

### Saturday, 23rd of June 2018

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Brunnerzimmer 5+6

9:00 – 11:00 Uhr

**Workshop:** Wie kann die Qualität der Ernährungsversorgung in Krankenhäusern gemessen werden?

## Enlarged Supervisory Board Meeting in Vienna

In the first quarter of 2018 an Enlarged Supervisory Board Meeting with 16 attendees (of the Supervisory Board, Advisory Board and the Vienna based project team) was held in Vienna. Amongst other topics the opportunities how to use the new Smart Report for different stakeholders and the definition of rules and guidelines for research proposals have been discussed.

A major change was determined during this meeting: the implementation of the nDay express! (see above)

## New publication

A new publication using the nDay data has been published. The aim of the study was to identify the determinants of reduced dietary intake in patients with colorectal cancer in order to facilitate early recognition of malnutrition and optimise nutritional treatment.

van der Werf A, Arthey K, Hiesmayr M, Sulz I, Schindler K, Laviano A, Langius J, de van der Schueren M.

**The determinants of reduced dietary intake in hospitalised colorectal cancer patients.** Supportive Care in Cancer (2018). <https://doi.org/10.1007/s00520-018-4044-1>

Please find a list of all nDay related publications on our [website](#)!

## nDay in nursing homes: Turkish questionnaires

As of now, the questionnaires for nDay in nursing homes are also available in Turkish. Please find them [here](#) for download.

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