



nutritionDay
worldwide

nutritionDay in Primary Care
Questionnaire
Healthcare Practitioner/Doctor

Center code:
Doctor code:
(for all health care professions)
Patient number:
Visit date (dd.mm.yy):
Home visit: Yes No
Patient consent: Yes No

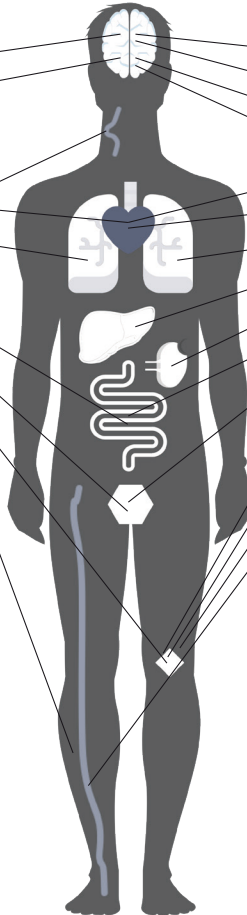
Last visit within:
 <2 weeks
 2-4 weeks
 1-3 months
 3-12 months
 >1 year

This patient came for:*
 First visit/new patient
 Short term problems
 Long term problems
 Vaccination
 Regular visit for chronic diseases
 Health check-up
 Other reasons

1. What is the main reason for the visit?*

2. Which conditions/comorbidities does the patient have?*

- ICD-10 DIAGNOSIS**
- Nervous system
 - Mental health
 - Eye and adnexa
 - Ear and mastoid process
 - Circulatory system
 - Respiratory system
 - Endocrine, nutritional and metabolic diseases
 - Digestive system
 - Genitourinary system
 - Musculoskeletal system and connective tissue
 - Skin and subcutaneous tissue
 - Infectious and parasitic diseases
 - Neoplasms
 - Blood and bloodforming organs and the immune mechanism
 - Symptoms, signs, abnormal clinical/lab findings
 - External causes of morbidity and mortality (e.g. transport accidents, assaults)
 - Pregnancy, childbirth and the puerperium
 - Conditions originating in the perinatal period
 - Congenital/chromosomal abnormalities
 - Injury, poisoning
 - Factors influencing health status and contact with health services
 - None of the above



- SPECIFIC COMORBIDITIES**
- Cerebral vascular disease
 - Dementia
 - Major depressive disorder
 - Chronic mental disorder
 - Myocardial infarction
 - Cardiac insufficiency
 - Chronic lung disease
 - Chronic liver disease
 - Chronic kidney disease
 - GI disease/problems
 - Urological disease/problems
 - Muscle-skeletal disease
 - Arthritis
 - Skin problems
 - Peripheral vascular disease
- GENERAL COMORBIDITIES**
- Pain
 - Fatigue
 - Infection
 - Diabetes
 - Hypertension
 - Hyperlipidaemia
 - Endocrinal disease
 - Cancer (active)
 - History of cancer
 - Other chronic disease
- OTHER COMORBIDITIES**
 NO COMORBIDITIES

3. Nutrition therapy

Ongoing Planned

Normal food	<input type="radio"/>	<input type="radio"/>
Fortified food	<input type="radio"/>	<input type="radio"/>
Protein/energy supplements (e.g. ONS)	<input type="radio"/>	<input type="radio"/>
Enteral nutrition (EN)	<input type="radio"/>	<input type="radio"/>
Parenteral nutrition (PN)	<input type="radio"/>	<input type="radio"/>
Special diet	<input type="radio"/>	<input type="radio"/>
Dietetic counselling	<input type="radio"/>	<input type="radio"/>

4. Next steps planned today*

- Prescribe new medical therapy
- Take sick leave from work
- Send to specialist
- Send to dietetic counselling
- Send to physiotherapy
- Send to hospital
- Plan long-term care
- Order lab tests, special tests
- No next step planned
- Plan next visit

5. Patient outcome 6 months after nutritionDay

Number of visits at the primary care doctor including emails and phone calls
 Number of hospital stays

- Nutrition therapy started
- Enteral nutrition (EN)
- Parenteral nutrition (PN)
- Protein/energy supplements (ONS)
- Special diet
- Dietetic counselling

- Admission to long-term care
- Health problem solved
- No follow up necessary
- No follow up possible
- Continuous treatment/other
- Death

Thank you for participating to nutritionDay in Primary Care.
www.nutritionDay.org

2023
V1
ENGLISH
ENGLISH
CC BY-NC-ND



* Multiple choice possible