28. July 2026

Dear participant,

Thank you for participating to nutritionDay worldwide in 2025.
Your country report consists of the following sample size:

Country:	**France**
Number of participating centers:	**14**
Number of participating units:	**39**
Number of patients:	**554**
Number of patients who gave consent:	**527**

This report compares your center to the international reference database based on data from nutritionDay 2021-2024.

In the National Report are included only centers who filled out the hospital and the unit sheet.

Participate again at the upcoming nutritionDay in November 2026!
Repeated participation allows benchmarking and monitoring the nutrition care in your country.
For more information visit www.nutritionDay.org or contact us at office@nutritionDay.org!

Best regards from the nutritionDay-Team!

Prof. Dr. Michael Hiesmayr

Hospital Sheet

	Your Results	Reference Results
1. Total number of beds in hospital	1489 [270-1919]	296 [140-581]
2. Total number of admissions in the hospital last year	137202 [76816-204193]	15484 [4482-34465]
3. Total number of staff in the hospital		
Total medical doctors	521 [334-964]	226 [80-422]
Medical specialists	417 [164-798]	124 [37-273]
Medical non-specialists	135 [39-143]	56 [9-138]
Nurses	704 [410-3482]	315 [128-726]
Dieticians	22 [8-37]	3 [1-9]
Nutritionists	4 [2-4]	2 [1-5]
Pharmacists	18 [11-24]	7 [3-18]
Kitchen staff	44 [35-96]	24 [9-44]
Full time equivalent		
Total medical doctors	297 [163-646]	144 [48-275]
Medical specialists	368 [101-589]	89 [34-215]
Medical non-specialists	113 [105,3-115.6]	46 [7-115]
Nurses	613 [1294-1592]	305 [98-562]
Dieticians	9 [34-17.5]	2 [1-8]
Nutritionists	2 [0-3]	1 [0-3]
Pharmacists	8 [23-17]	5 [2-15]
Kitchen staff	34 [19-76]	24 [9-42]
4. Does the hospital have a nutrition care strategy?	12 (100%)	190 (40%) Yes
5. Which nutrition-related standards or routine activities exist in your hospital?		
Nutrition training is available	11 (78.6%)	157 (33.1%) Yes
Nutrition steering committee is available	12 (85.7%)	125 (26.3%) Yes

Quality indicators are recorded and reported to national or regional level	6 (42.9%)	77 (16.2%) Yes
Quality indicators are used for internal benchmarking	7 (50%)	118 (24.8%) Yes
Patient feedback about food and food service is collected using a questionnaire	10 (71.4%)	161 (33.9%) Yes

6. Which codes are available /routinely used in your hospital for billing and reimbursement purposes?

No information available from billing/finance/controlling	1 (7.1%)	32 (6.7%) Yes
Codes available		
Nutrition Support	3 (21.4%)	64 (13.5%) Yes
Oral nutrition supplements	3 (21.4%)	118 (24.8%) Yes
Parenteral nutrition	6 (42.9%)	157 (33.1%) Yes
Enteral nutrition	6 (42.9%)	156 (32.8%) Yes
Dietary counseling	5 (35.7%)	99 (20.8%) Yes
Specific dietary interventions	4 (28.6%)	90 (18.9%) Yes
Screening for malnutrition	1 (7.1%)	98 (20.6%) Yes
Risk of malnutrition	6 (42.9%)	71 (14.9%) Yes
Malnutrition (in general)	9 (64.3%)	109 (22.9%) Yes
Severity of malnutrition (i.e. mild, moderate, severe)	9 (64.3%)	97 (20.4%) Yes
Codes routinely used		
Nutrition Support	5 (35.7%)	60 (12.6%) Yes
Oral nutrition supplements	6 (42.9%)	110 (23.2%) Yes
Parenteral nutrition	8 (57.1%)	138 (29.1%) Yes
Enteral nutrition	8 (57.1%)	137 (28.8%) Yes
Dietary counseling	6 (42.9%)	82 (17.3%) Yes
Specific dietary interventions	6 (42.9%)	77 (16.2%) Yes
Screening for malnutrition	7 (50%)	82 (17.3%) Yes
Risk of malnutrition	5 (35.7%)	63 (13.3%) Yes
Malnutrition (in general)	9 (64.3%)	98 (20.6%) Yes
Severity of malnutrition (i.e. mild, moderate, severe)	8 (57.1%)	88 (18.5%) Yes

Unit Sheet 1a/1b

	Your Results	Reference Results
1a. Main specialty		
Internal Medicine / General	1 (2.6%)	295 (17.2%)
Internal Medicine / Cardiology	1 (2.6%)	56 (3.3%)
Internal Medicine / Gastroenterology & hepatology	7 (17.9%)	114 (6.6%)
Internal Medicine / Geriatrics	2 (5.1%)	105 (6.1%)
Internal Medicine / Infectious diseases	-	13 (0.8%)
Internal Medicine / Nephrology	-	23 (1.3%)
Internal Medicine / Oncology (incl. radiotherapy)	18 (46.2%)	215 (12.5%)
Surgery / General	2 (5.1%)	241 (14.1%)
Surgery/ Cardiac/Vascular/Thoracic	-	25 (1.5%)
Surgery / Neurosurgery	-	18 (1%)
Surgery / Orthopedic	-	46 (2.7%)
Trauma	-	12 (0.7%)
Urology	-	4 (0.2%)
Bariatric	-	0 (0%)
Ear Nose Throat (ENT)	2 (5.1%)	27 (1.6%)
Gynecology / Obstetrics	1 (2.6%)	105 (1.6%)
Neurology	-	34 (2%)
Psychiatry	-	21 (2%)
Pediatrics	-	13 (0.8%)
Interdisciplinary	1 (2.6%)	59 (3.4%)
Long term care	2 (5.1%)	30 (1.7%)
Hospital care at home	-	0 (0%)
Other	2 (5.1%)	288 (16.8%)

1b. For surgical units only		
Do you do ERAS?	4 (10.3%)	181 (11%) Yes
Do you have a ERAS protocol?	3 (7.7%)	131 (8%) Yes
Do you have an ERAS team?	1 (2.6%)	108 (6%) Yes
Do you audit your ERAS results or practice?	-	96 (6%) Yes
2. Number of registered inpatients at noon	20 [12-23]	22 [16-29]
3. Total bed capacity of the unit	20 [14-26]	28 [22-36]
4. Number of each type of staff in the unit for TODAY's morning shift (excluding cleaning and temporary nDay staff)		
Fully trained		
Medical doctors	3 [2-4]	3 [2-6]
Medical students	-	
Nurses	4 [3-6]	4 [3-6]
Nursing aides	3 [2.5-4]	2 [1-4]
Dieticians	1 [1-1]	1 [0-1]
Nutritionists	1 [1-2]	0 [0-1]
Administrative staff	2 [1-2]	1 [1-2]
Other staff involved in patient care	2 [1-3]	1 [0-3]
In training		
Medical doctors	2 [1-4]	2 [0-3]
Medical students	2 [1-4]	1 [0-3]
Nurses	1 [1-2]	1 [0-2]
Nursing aides	1 [1-1]	0 [0-1]
Dieticians	1 [1-1]	0 [0-0]
Nutritionists	1 [1-2]	0 [0-1]
Administrative staff	-	
Other staff involved in patient care	1 [1-1]	0 [0-0]

5. Is there a nutrition support team in your hospital available?	33 (84.6%)	1032 (60.2%) Yes
6. Does the unit have a nutrition care strategy?	36 (92.3%)	990 (57.7%) Yes
7. Is there a person in your unit responsible for nutrition care?	38 (97.4%)	950 (55.4%) Yes
8. Is there a dietician, nutritionist or dietetic assistant available for your unit?	39 (100%)	1394 (81.3%) Yes
9. Is specific staff responsible for providing feeding assistance to patients during meal times?	21 (53.8%)	721 (42%) Yes
10. How do you MAINLY screen/monitor patients for malnutrition?		
At admission		
No routine screening	-	151 (8.8%) Yes
No fixed criteria	1 (2.6%)	34 (2%) Yes
Experience / visual assessment only	-	81 (4.7%) Yes
Weighing / BMI only	33 (84.6%)	306 (17.8%) Yes
Nutritional Risk Screening (NRS) 2002	1 (2.6%)	582 (33.9%) Yes
Malnutrition Universal Screening Tool (MUST)	-	78 (4.5%) Yes
Malnutrition Screening tool (MST)	-	91 (5.3%) Yes
SNAQ	-	17 (1%) Yes
Other formal tool	3 (7.7%)	170 (9.9%) Yes
I do not know	-	196 (11.4%) Yes
During hospital stay		
No routine monitoring	-	180 (10.5%) Yes
No fixed criteria	-	110 (6.4%) Yes
Experience / visual assessment only	-	178 (10.4%) Yes
Weighing / BMI only	27 (69.2%)	571 (33.3%) Yes
Other formal tool	-	450 (26.2%) Yes
I do not know	-	196 (11.4%) Yes

11a. Do you routinely use guidelines or standards for nutrition care?	36 (92.3%)	1092 (63.7%) Yes

11b. If yes, which one is mainly used?		
International guidelines	8 (20.5%)	403 (23.5%) Yes
National guidelines	22 (56.4%)	180 (10.5%) Yes
Standards on hospital level	2 (5.1%)	331 (19.3%) Yes
Standards on unit level	1 (2.6%)	66 (3.8%) Yes
Individual patient nutrition care plans	3 (7.7%)	136 (7.9%) Yes
Others	-	20 (1.2%) Yes

12. What is routinely done in your unit for given patient groups?

At risk		
Watchful waiting	5 (12.8%)	333 (19.4%) Yes
Discuss nutrition care activities during ward rounds	12 (30.8%)	574 (33.5%) Yes
Develop an individual nutrition care plan	21 (53.8%)	647 (37.7%) Yes
Initiate treatment / nutrition intervention	27 (69.2%)	748 (43.6%) Yes
Consult a nutrition expert (dietician, nutritionist, etc.)	27 (69.2%)	693 (40.4%) Yes
Consult a medical professional	10 (25.6%)	417 (24.3%) Yes
Calculate energy requirements	17 (43.6%)	622 (36.3%) Yes
Calculate protein requirements	20 (51.3%)	619 (36.1%) Yes

Malnourished		
Watchful waiting	4 (10.3%)	276 (16.1%) Yes
Discuss nutrition care activities during ward rounds	14 (35.9%)	666 (38.8%) Yes
Develop an individual nutrition care plan	27 (69.2%)	804 (46.9%) Yes
Initiate treatment / nutrition intervention	32 (82.1%)	887 (51.7%) Yes
Consult a nutrition expert (dietician, nutritionist, etc.)	28 (71.8%)	794 (46.3%) Yes
Consult a medical professional	18 (46.2%)	514 (30%) Yes
Calculate energy requirements	25 (64.1%)	813 (47.4%) Yes
Calculate protein requirements	28 (71.8%)	801 (46.7%) Yes

Every patient		
Watchful waiting	33 (84.6%)	731 (42.6%) Yes
Discuss nutrition care activities during ward rounds	22 (56.4%)	452 (26.4%) Yes
Develop an individual nutrition care plan	13 (33.3%)	295 (17.2%) Yes
Initiate treatment / nutrition intervention	7 (17.9%)	273 (15.9%) Yes
Consult a nutrition expert (dietician, nutritionist, etc.)	11 (28.2%)	371 (21.6%) Yes
Consult a medical professional	9 (23.1%)	428 (25%) Yes
Calculate energy requirements	14 (35.9%)	250 (14.6%) Yes
Calculate protein requirements	11 (28.2%)	240 (14%) Yes
None		
Watchful waiting	-	180 (10.5%) Yes
Discuss nutrition care activities during ward rounds	1 (2.6%)	90 (5.2%) Yes
Develop an individual nutrition care plan	-	87 (5.1%) Yes
Initiate treatment / nutrition intervention	-	33 (1.9%) Yes
Consult a nutrition expert (dietician, nutritionist, etc.)	-	34 (2%) Yes
Consult a medical professional	7 (17.9%)	177 (10.3%) Yes
Calculate energy requirements	2 (5.1%)	131 (7.6%) Yes
Calculate protein requirements	1 (2.6%)	138 (8%) Yes
13. When do you routinely weigh your patients?		
At admission	29 (74.4%)	927 (54.1%) Yes
Within 24 hours	7 (17.9%)	173 (10.1%) Yes
Within 48 hours	2 (5.1%)	94 (5.5%) Yes
Within 72 hours	2 (5.1%)	44 (2.6%) Yes
Every week	32 (82.1%)	603 (35.2%) Yes
Occasionally	1 (2.6%)	196 (11.4%) Yes
When requested	18 (46.2%)	819 (47.8%) Yes
At discharge	2 (5.1%)	68 (4%) Yes
Never	-	24 (1.4%) Yes

14. What do you do to support adequate food intake of patients?		
Offer additional meals or in between snacks	34 (87.2%)	1164 (67.9%) Yes
Offer meal choices	34 (87.2%)	1029 (60%) Yes
Offer different portion sizes	32 (82.1%)	837 (48.8%) Yes
Consider food presentation	10 (25.6%)	484 (28.2%) Yes
Change food texture/consistency as needed	35 (89.7%)	1277 (74.5%) Yes
Consider patient problems with eating and drinking	37 (94.9%)	1248 (72.8%) Yes
Ensure that mealtimes are undisturbed/protected mealtime policy	7 (17.9%)	371 (21.6%) Yes
Promote positive eating environment	16 (41%)	413 (24.1%) Yes
Consider cultural/religious preferences	38 (97.4%)	1105 (64.4%) Yes
Consider patient allergies / intolerances	38 (97.4%)	1315 (76.7%) Yes
Other	1 (2.6%)	99 (5.8%) Yes

15. Which nutrition-related standards or routine activities exist in your unit?		
Nutrition training is available	37 (94.9%)	911 (53.1%) Yes
Reporting of nutrition related information to hospital managers	25 (64.1%)	595 (34.7%) Yes
Quality indicators are recorded and reported to national or regional level	19 (48.7%)	337 (19.7%) Yes
Quality indicators are used for internal benchmarking	11 (28.2%)	451 (26.3%) Yes
Patient feedback about food and food service is collected using a questionnaire	33 (84.6%)	789 (46%) Yes

16. At admission what is asked and documented?		
Change in weight	29 (74.4%)	1150 (67.1%) Yes
Eating habits/difficulties	23 (59%)	1025 (59.8%) Yes
Nutrition before admission	15 (38.5%)	770 (44.9%) Yes

17a. Patient record has a section indicating		
if the patient is malnourished/ at risk	35 (89.7%)	1008 (58.8%) Yes
nutrition treatment	30 (76.9%)	786 (45.8%) Yes
I do not know	1 (2.6%)	141 (8.2%) Yes

17b. Discharge letter includes		
nutrition treatment received during stay	35 (89.7%)	728 (42.4%) Yes
makes future nutrition-related recommendations	24 (61.5%)	855 (49.9%) Yes
I do not know	2 (5.1%)	166 (9.7%) Yes
18. Do you provide brochures about malnutrition to at risk/malnourished patients?	25 (64.1%)	569 (33.2%) Yes
19. Who filled in this sheet?		
Head staff	2 (5.1%)	375 (21.9%) Yes
Dietician	13 (33.3%)	707 (41.2%) Yes
Nurse	6 (15.4%)	328 (19.1%) Yes
Physician	16 (41%)	181 (10.6%) Yes
Administrative staff	-	28 (1.6%) Yes
Others	14 (35.9%)	132 (7.7%) Yes

ABOUT YOUR PATIENT
Sheet 2a/2b/2c

	Your Results	Reference Results
TOTAL Patients:	554 (100%)	31895
Number of patients who gave consent	527 (95.1%)	31895 (100%)
Female	271 (51.4%)	15478 (48.5%)
Male	255 (48.4%)	16244 (50.9%)
Other	-	173 (0.5%)
Age	61 [54-74]	63 [46-76]
Weight	70.8±18.2	70.9±19.4
Height	168±10	166±11
BMI (female)	25.1±6.1	26±6.9
BMI (male)	25.2±6.4	25.3±5.9
BMI	25.1±6.2	25.6±6.5

This hospital admission was		
planned	256 (48.6%)	11384 (35.7%)
an emergency	236 (44.8%)	18596 (58.3%)
I do not know	8 (1.5%)	1609 (5%)

1. Diagnosis at admission		
0600 Nervous system	34 (6.5%)	2861 (9%)
0500 Mental health	8 (1.5%)	1240 (3.9%)
0700 Eye and adnexa	-	271 (0.8%)
0800 Ear and mastoid process	-	183 (0.6%)
0900 Circulatory system	32 (6.1%)	5336 (16.7%)
1000 Respiratory system	51 (9.7%)	3968 (12.4%)
0400 Endocrine, nutritional and metabolic diseases	47 (8.9%)	3860 (12.1%)
1100 Digestive system	97 (18.4%)	6965 (21.8%)
1400 Genitourinary system	44 (8.3%)	3312 (10.4%)
1300 Musculoskeletal system and connective tissue	29 (5.5%)	4639 (14.5%)
1200 Skin and subcutaneous tissue	13 (2.5%)	1418 (4.4%)
0100 Infectious and parasitic diseases	27 (5.1%)	3123 (9.8%)
0200 Neoplasms	258 (49%)	6045 (19%)
0300 Blood and bloodforming organs and the immune mechanism	45 (8.5%)	2345 (7.4%)
1800 Symptoms, signs, abnormal clinical/lab findings	39 (7.4%)	1895 (5.9%)
2000 External causes of morbidity and mortality (e.g. transport accidents, assaults)	5 (0.9%)	1055 (3.3%)
1500 Pregnancy, childbirth and the puerperium	-	412 (1.3%)
1600 Conditions originating in the perinatal period	-	30 (0.1%)
1700 Congenital/chromosomal abnormalities	1 (0.2%)	84 (0.3%)
1900 Injury, poisoning	7 (1.3%)	1075 (3.4%)
2100 Factors influencing health status and contact with health services	22 (4.2%)	1288 (4%)

2. Main reason for admission		
0600 Nervous system	15 (2.8%)	1964 (6.2%)
0500 Mental health	-	1431 (4.5%)

0700 Eye and adnexa	-	515 (1.6%)
0800 Ear and mastoid process	-	1888 (5.9%)
0900 Circulatory system	23 (4.4%)	2437 (7.6%)
1000 Respiratory system	20 (3.8%)	2739 (8.6%)
0400 Endocrine, nutritional and metabolic diseases	30 (5.7%)	959 (3%)
1100 Digestive system	59 (11.2%)	3440 (10.8%)
1400 Genitourinary system	15 (2.8%)	1540 (4.8%)
1300 Musculoskeletal system and connective tissue	12 (2.3%)	3898 (12.2%)
1200 Skin and subcutaneous tissue	1 (0.2%)	940 (2.9%)
0100 Infectious and parasitic diseases	14 (2.7%)	2024 (6.3%)
0200 Neoplasms	235 (44.6%)	3355 (10.5%)
0300 Blood and bloodforming organs and the immune mechanism	31 (5.9%)	771 (2.4%)
1800 Symptoms, signs, abnormal clinical/lab findings	9 (1.7%)	510 (1.6%)
2000 External causes of morbidity and mortality (e.g. transport accidents, assaults)	-	750 (2.4%)
1500 Pregnancy, childbirth and the puerperium	-	520 (1.6%)
1600 Conditions originating in the perinatal period	-	324 (1%)
1700 Congenital/chromosomal abnormalities	-	130 (0.4%)
1900 Injury, poisoning	6 (1.1%)	570 (1.8%)
2100 Factors influencing health status and contact with health services	7 (1.3%)	465 (1.5%)

3. Which conditions/comorbidities does this patient have?

SPECIFIC COMORBIDITIES		
Cerebral vascular disease	25 (4.7%)	551 (1.7%)
Dementia	6 (1.1%)	319 (1%)
Major depressive disorder	32 (6.1%)	297 (0.9%)
Other chronic mental disorder	12 (2.3%)	202 (0.6%)
Myocardial infarction	19 (3.6%)	267 (0.8%)
Cardiac insufficiency	29 (5.5%)	981 (3.1%)
Chronic lung disease	72 (13.7%)	728 (2.3%)
Chronic liver disease	24 (4.6%)	366 (1.1%)
Chronic kidney disease	33 (6.3%)	983 (3.1%)

GI disease/problems	68 (12.9%)	941 (3%)
Urological disease/problems	38 (7.2%)	378 (1.2%)
Muskle-skeletal disease	30 (5.7%)	535 (1.7%)
Arthritis	14 (2.7%)	194 (0.6%)
Skin problems	7 (1.3%)	240 (0.8%)
Peripheral vascular disease	37 (7.4%)	412 (1.3%)
GENERAL COMORBIDITIES		
Pain	102 (19.4%)	1247 (3.9%)
Fatigue	126 (23.9%)	724 (2.3%)
Infection	48 (9.1%)	676 (2.1%)
Diabetes	103 (19.5%)	2176 (6.8%)
Hypertension	169 (32.1%)	3234 (10.1%)
Hyperlipidaemia	63 (12%)	1040 (3.3%)
Endocrinal disease	34 (6.5%)	528 (1.7%)
Cancer	208 (39.5%)	1440 (4.5%)
History of cancer	57 (10.8%)	511 (1.6%)
Other chronic disease	46 (8.7%)	806 (2.5%)
NO COMORBIDITIES	62 (11.8%)	5868 (18.4%)
OTHER COMORBIDITIES	54 (10.2%)	971 (3%)
4. Previous ICU admission during this hospital stay?		
Yes	50 (9.5%)	3305 (10.4%)
5. Is this patient terminally ill?		
Yes	19 (3.6%)	2109 (6.6%)
6. Fluid status (TODAY)		
Normal	328 (62.2%)	24553 (77%)
Overloaded	36 (6.8%)	1548 (4.9%)
Dehydrated	26 (4.9%)	2223 (7%)
I do not know	104 (19.7%)	3465 (10.9%)

7. Number of different medications planned (TODAY)		
oral	7 [5-9]	4 [2-8]
other	4 [2-5]	2 [1-4]

8. Was this patient identified as malnourished or at risk of malnutrition?		
Malnourished	209 (39.7%)	5142 (16.1%)
At risk	134 (25.4%)	7052 (22.1%)
No	151 (28.7%)	17552 (55%)
I do not know	23 (4.4%)	2073 (6.5%)

9. IV Fluids (TODAY)		
Electrolyte solution (NaCl, Ringers lactate, etc)	183 (34.7%)	11676 (36.6%)
5% Glucose solution	113 (21.4%)	1963 (6.2%)

10. Number of ONS drinks planned (TODAY)	2 [1-2]	0 [0-1]

11. Nutrition intake (TODAY)		
Regular hospital food	275 (52.2%)	18876 (59.2%)
Fortified/enriched hospital food	163 (30.9%)	4517 (14.2%)
Special diet	157 (29.8%)	9526 (29.9%)
Protein/energy supplement (e.g. ONS drinks)	203 (38.5%)	6147 (19.3%)
Enteral nutrition	67 (12.7%)	1791 (5.6%)
Parenteral nutrition	62 (11.8%)	1271 (4%)

12a. All lines and tubes (TODAY)		
Central Venous	227 (43.1%)	3714 (11.6%)
Peripheral venous access	136 (25.8%)	15651 (49.1%)
Nasogastric	56 (10.6%)	756 (2.4%)
Nasojejunal	1 (0.2%)	91 (0.3%)
Nasoduadenal	1 (0.2%)	82 (0.3%)
Enterostoma	4 (0.8%)	135 (0.4%)
Percutaneous endoscopy/surgical gastrostomy	18 (3.4%)	396 (1.2%)

Percutaneous endoscopy/surgical jejunostomy	3 (0.6%)	105 (0.3%)

12b. Were there complications with lines and tubes since admission? (infections /obstructions)		
Yes, previously	15 (2.8%)	565 (1.8%)
Yes, ongoing	8 (1.5%)	255 (0.8%)
No	417 (79.1%)	23467 (73.6%)
I do not know	48 (9.1%)	2406 (7.5%)

13. Please indicate if any of the following was done for this patient since admission		
Energy requirements were determined	312 (59.2%)	11605 (36.4%)
Protein requirements were determined	288 (54.6%)	10824 (33.9%)
Food/Nutrition intake was recorded in the patient record	281 (53.3%)	12508 (39.2%)
Nutrition treatment plan was developed	114 (21.6%)	11785 (36.9%)
Nutrition expert was consulted	297 (56.4%)	12646 (39.6%)
Malnutrition status is recorded in the patient record	316 (60%)	11014 (34.5%)

14a. Energy goal (YESTERDAY)		
< 500 kcal	1 (0.2%)	281 (0.9%)
500-999 kcal	1 (0.2%)	286 (0.9%)
1000-1499 kcal	16 (3%)	2076 (6.5%)
1500-1999 kcal	107 (20.3%)	8530 (26.7%)
>=2000 kcal	227 (43.1%)	5796 (18.2%)
Not determined	108 (20.5%)	7876 (24.7%)
I do not know	21 (4%)	1851 (5.8%)
kcal/kg	35 [30-2130]	30 [25-30]

14b. Energy intake (YESTERDAY)		
< 500 kcal	30 (5.7%)	1190 (3.7%)
500-999 kcal	29 (5.5%)	1814 (5.7%)
1000-1499 kcal	58 (11%)	3863 (12.1%)
1500-1999 kcal	80 (15.2%)	6134 (19.2%)
>=2000 kcal	101 (19.2%)	3438 (10.8%)

Not determined	144 (27.3%)	7653 (24%)
I do not know	49 (9.3%)	2676 (8.4%)
kcal/kg	1600 [30-2200]	25 [21-30]

15. Since admission, this patient's health status has…		
Improved	196 (37.2%)	14998 (47%)
Deteriorated	64 (12.1%)	1844 (5.8%)
Remained the same	99 (18.8%)	6773 (21.2%)
This patient has just been admitted	73 (13.9%)	1954 (6.1%)
I do not know	74 (14%)	2168 (6.8%)

16a. Previous operation during this hospital stay		
Yes, planned	68 (12.9%)	4745 (14.9%)
Yes, acute	8 (1.5%)	2272 (7.1%)
No	69 (13.1%)	14399 (45.1%)
days since operation	9.5 [2-14]	4 [1-15]

16b. Planned operation during this hospital stay		
Yes, today or tomorrow	17 (3.2%)	2955 (9.3%)
Yes, later	4 (0.8%)	1925 (6%)
No	96 (18.2%)	15926 (49.9%)

17. Surgery type (single choice)		
Operated right after admission (acute)	3 (0.6%)	615 (1.9%)
Planned after unscheduled admission	8 (1.5%)	780 (2.4%)
Planned after scheduled admission	65 (12.3%)	1386 (4.3%)
None of the above	1 (0.2%)	103 (0.3%)
I don't know	6 (1.1%)	195 (0.6%)
Non-applicable (NA)	35 (6.6%)	550 (1.7%)

18. Surgical approch		
Open surgery including converted	52 (9.9%)	1792 (5.6%)

Minimal invasive surgery (laparoscory, robotics etc.)	25 (4.7%)	1064 (3.3%)

19. Duration of operation		
Minor surgery	22 (4.2%)	834 (6.3%)
Major surgery	55 (10.4%)	2001 (6.3%)

20. Main organ operated / surgical procedure, planned or done		
Oesophagus	2 (0.4%)	48 (0.2%)
Gastric	3 (0.6%)	215 (0.7%)
Liver	2 (0.4%)	113 (0.4%)
Pancreas	4 (0.8%)	85 (0.3%)
Colorectal	5 (0.9%)	304 (1%)
Gynecology	2 (0.4%)	123 (0.4%)
Gynaecologic oncology	22 (4.2%)	53 (0.2%)
Urology	-	120 (0.4%)
Urology oncology	1 (0.2%)	8 (0%)
Cystectomy	-	22 (0.1%)
Bariatric	-	13 (0%)
Hip replacement	1 (0.2%)	128 (0.4%)
Knee replacement	-	86 (0.3%)
Lung	1 (0.2%)	85 (0.3%)
Cardiac	1 (0.2%)	45 (0.1%)
Vascular	-	77 (0.2%)
other	34 (6.5%)	1469 (4.6%)
I don’t know	22 (4.2%)	188 (0.6%)

21. Indication to use of nutritional therapy		
No indication	26 (4.9%)	2012 (6.3%)
Expected prolonged postoperative fasting	22 (4.2%)	212 (0.7%)
Preoperative malnutrition	9 (1.7%)	218 (0.7%)
Ongoing surgical complication	4 (0.8%)	111 (0.3%)
Patient does not eat enough	45 (8.5%)	295 (0.9%)

other	6 (1.1%)	232 (0.7%)
I don't know	22 (4.2%)	332 (1%)

22. Days since nutritional therapy		
	8 [2-17]	7 [2-18]

30 Days after nutritionDay

Outcome code		
1 Still in the hospital	21 (4%)	2475 (7.8%)
2 Transferred to another hospital	37 (7%)	585 (1.8%)
3 Transferred to long term care	20 (3.8%)	766 (2.4%)
4 Rehabilitation	-	552 (1.7%)
5 Discharged home	350 (66.4%)	20087 (63%)
6 Death	26 (4.9%)	1059 (3.3%)
7 Others	3 (0.6%)	402 (1.3%)

Readmission Code		
1 No	250 (47.4%)	18836 (59.1%)
2 Yes, same hospital planned	97 (18.4%)	1940 (6.1%)
3 Yes, same hospital unplanned	23 (4.4%)	1360 (4.3%)
4 Yes, different hospital planned	2 (0.4%)	170 (0.5%)
5 Yes, different hospital unplanned	5 (0.9%)	105 (0.3%)
6 Unknown	44 (8.3%)	707 (2.2%)

Admitted to ICU	13 (2.5%)	43 (0.1%)
Re-operated after nDay	5 (0.9%)	128 (0.4%)
How many days after nDay	30 [10.5-30]	15 [6-30]

PATIENT Sheet 3a/3b

	Your Results	Reference Results
1. What are your typical dietary habits?		
I have dietary restrictions	43 (8.2%)	1391 (4.4%)
No special dietary habits	339 (64.3%)	18087 (56.7%)
I am vegetarian	10 (1.9%)	492 (1.5%)
I eat a vegan diet	-	90 (0.3%)
I eat a gluten-free diet	6 (1.1%)	299 (0.9%)
I avoid added sugars	83 (15.7%)	4543 (14.2%)
I avoid carbohydrates	13 (2.5%)	1583 (5%)
I eat a low fat-diet	25 (4.7%)	2741 (8.6%)
I am lactose intolerant	9 (1.7%)	1150 (3.6%)
Other special diet due to intolerances/allergies	8 (1.5%)	504 (1.6%)
other	35 (6.6%)	1888 (5.9%)
2. Where did you live before your current hospital admission?		
At home	398 (75.5%)	23600 (74%)
In a nursing home or other live-in facility	36 (6.8%)	734 (2.3%)
I was transferred from another hospital	26 (4.9%)	1856 (5.8%)
Other	104 (19.7%)	466 (1.5%)
3. In general, are you able to walk?		
Yes	351 (66.6%)	16629 (52.1%)
Yes, with someone's help	34 (6.5%)	3011 (9.4%)
Yes, independently using a cane, walker, or crutches	52 (9.9%)	3474 (10.9%)
No, I have a wheelchair	7 (1.3%)	1077 (3.4%)
No, I am bedridden	8 (1.5%)	2317 (7.3%)

4. In general, how would you say your health is?		
Very good	41 (7.8%)	2269 (7.1%)
Good	154 (29.2%)	9974 (31.3%)
Fair	156 (29.6%)	9994 (31.3%)
Poor	85 (16.1%)	3598 (11.3%)
Very poor	25 (4.7%)	674 (2.1%)

5. Over the last 12 months prior to your current hospital admission approximately…		
… how many times have you seen a doctor?	9 [3-10]	4 [2-9]
… how many times have you been admitted to the hospital (Emergency room, any ward)?	2 [0-3]	1 [0-2]
… how many nights in total have you spent in hospital?	21 [4-30]	5 [0-15]

6. How many different medications do you take routinely each day (prior to hospitalisation)?		
1-2	98 (18.6%)	6274 (19.7%)
3-5	120 (22.8%)	6835 (21.4%)
More than 5	140 (26.6%)	7302 (22.9%)
None	71 (13.5%)	5209 (2.9%)
I do not know	19 (3.6%)	938 (2.9%)

7. Do you have health insurance?		
Yes, private insurance only	127 (24.1%)	4393 (13.8%)
Yes, public insurance only	83 (15.7%)	12754 (40%)
Yes, both	178 (33.8%)	2697 (8.5%)
No	17 (3.2%)	5488 (17.2%)
I prefer not to answer	37 (7%)	933 (2.9%)

8. What was your weight 5 years ago?		
kg	76 [62-85]	74 [63-85]

9a. Have you lost weight within the last 3 months?		
Yes, intentionally	31 (5.9%)	2317 (7.3%)
Yes, unintentionally	280 (53.1%)	13997 (43.9%)
No, my weight stayed the same	76 (14.4%)	7967 (25%)
No, I gained weight	43 (8.2%)	3144 (9.9%)
I do not know	18 (3.4%)	2573 (8.1%)

9b. If yes, how many kg did you lose?		
kg	11 [4-12]	6 [4-10]

10. Did you know about your hospitalisation two days before admission?		
Yes	206 (39.1%)	9759 (30.6%)
No	206 (39.1%)	15387 (48.2%)

11. Please indicate if you …		
... were weighed at admission		
Yes	354 (67.2%)	13167 (41.3%)
No	69 (13.1%)	12017 (37.7%)
... were informed about your nutrition status		
Yes	218 (41.4%)	9376 (29.4%)
No	183 (34.7%)	15480 (48.5%)
... were informed about nutrition care options		
Yes	224 (42.5%)	9168 (28.7%)
No	182 (34.5%)	15535 (48.7%)
... received special nutrition care		
Yes	204 (38.7%)	9435 (29.6%)
No	214 (40.6%)	15419 (48.3%)

12. How well have you eaten in the week before you were admitted to the hospital?		
More than normal	26 (4.9%)	1467 (4.6%)
Normal	196 (37.2%)	17330 (54.3%)
About 3/4 of normal	56 (10.6%)	2866 (9%)
About half of normal	78 (14.8%)	3891 (12.2%)
About a quarter to nearly nothing	95 (18%)	3069 (9.6%)

13a. Please indicate how much hospital food you ate for lunch or dinner TODAY:		
about all	135 (25.6%)	14097 (44.2%)
1/2	138 (26.2%)	8045 (25.2%)
1/4	102 (19.4%)	4218 (13.2%)
nothing	70 (13.3%)	3510 (11%)

13b. The portion size of the meal I ordered TODAY was…		
standard	273 (51.8%)	17603 (55.2%)
smaller	24 (4.6%)	2606 (8.2%)
larger	30 (5.7%)	1200 (3.8%)
I do not know	82 (15.6%)	2968 (9.3%)

14. In general, how satisfied are you with the food at the hospital?		
Very satisfied	68 (12.9%)	7031 (22%)
Somewhat satisfied	211 (40%)	8669 (27.2%)
Dissatisfied	85 (16.1%)	4516 (14.2%)
Very dissatisfied	28 (5.3%)	2185 (6.9%)
Neutral	42 (8%)	1836 (5.8%)
I do not know	15 (2.8%)	1826 (5.7%)

15. Did you get any help with eating TODAY?		
Yes, from family or friends	13 (2.5%)	3294 (10.3%)
Yes, from hospital staff	13 (2.5%)	1635 (5.1%)
No	406 (77%)	20381 (63.9%)

16. Were you able to eat without interruption TODAY?		
Yes	285 (54.1%)	18317 (57.4%)
No	125 (23.7%)	6345 (19.9%)

17. If you did not eat everything of your meal, please tell us why:		
I did not like the type of food offered	100 (19%)	3237 (10.1%)
I did not like the smell of the food	42 (8%)	524 (1.6%)
I did not like the taste of the food	72 (13.7%)	1001 (3.1%)
The food did not fit my cultural/religious preferences	13 (2.5%)	180 (0.6%)
The food was too hot	5 (0.9%)	83 (0.3%)
The food was too cold	14 (2.7%)	670 (2.1%)
Due to food allergy/intolerance	1 (0.2%)	178 (0.6%)
I was not hungry at that time	79 (15%)	2438 (7.6%)
I do not have my usual appetite	144 (27.3%)	5371 (16.8%)
I have problems chewing/swallowing	41 (7.8%)	1164 (3.6%)
I normally eat less than what was served	33 (6.3%)	1837 (5.8%)
I had nausea/vomiting	48 (9.1%)	1538 (4.8%)
I was too tired	47 (8.9%)	972 (3%)
I cannot eat without help	9 (1.7%)	278 (0.9%)
I was not allowed to eat	21 (4%)	1431 (4.5%)
I had an exam, surgery, or test and missed my meal	6 (1.1%)	1156 (3.6%)
I did not get requested food	6 (1.1%)	208 (0.7%)

18. Enter the number of glasses/cups of the drinks you consumed in the last 24 hours		
Water	7 [12-6]	4 [2-6]
Coffee	2 [1-2]	1 [0-2]
Fruit juice	6 [2-8]	1 [0-2]
Nutrition drink	2 [1-2]	0 [0-1]
Tea	1 [1-2]	1 [0-2]
Milk	1 [1-1.5]	0 [0-1]
Soft drinks	2 [1-2]	0 [0-0]

19a. Did you eat any food apart from hospital food TODAY?		
Yes	125 (23.7%)	6892 (21.6%)
No	322 (61.1%)	18027 (56.5%)

19b. If yes, what did you eat?		
Salty snacks	17 (3.2%)	2178 (6.8%)
Sweet snacks	63 (12%)	1075 (3.4%)
Homemade food	22 (4.2%)	1721 (5.4%)
Fruits	51 (9.7%)	2699 (8.5%)
Dairy products	12 (2.3%)	769 (2.4%)
Food delivered/restaurant	7 (1.3%)	288 (0.9%)
Sandwich	4 (0.8%)	458 (1.4%)
Other	7 (1.3%)	1217 (3.8%)

20. Since hospital admission, do you eat more or less?		
More	79 (15%)	4573 (14.3%)
Less	126 (23.9%)	9505 (29.8%)
Same	190 (36.1%)	10264 (32.2%)
I do not know	51 (9.7%)	1452 (4.6%)

21. TODAY, compared to admission I feel		
Stronger	153 (29%)	14268 (44.7%)
Weaker	112 (21.3%)	5687 (17.8%)
Same	143 (27.1%)	8252 (25.9%)
I was admitted today	13 (2.5%)	813 (2.5%)
I do not know	31 (5.9%)	1336 (4.2%)

22. Can you walk without assistance TODAY?		
Yes	313 (59.4%)	17585 (55.1%)
No, only with assistance	112 (21.3%)	8015 (25.1%)
No, I stay in bed	33 (6.3%)	4540 (14.2%)

23. Did anyone help you complete this questionnaire?		
Yes	217 (41.2%)	18864 (59.1%)
No	239 (45.4%)	7285 (22.8%)

ONCOLOGY REPORT

Your oncology report consists of the following sample size:

Country:	**France**
Number of patients who gave consent:	**527**
Number of participating centers:	**14**
Filled out oncology unit sheet 1:	**16**
Filled out oncology sheet 2 and sheet 3:	**340**

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Oncology Unit SHEET 1

	Your Results	Reference Results
Do you have a computerized documentation system in your hospital?		
yes	16 (100%)	317 (67.2%) Yes
no	-	13 (2.8%) Yes
I do not know	-	3 (0.6%) Yes
Is nutritional treatment part of the overall strategy of cancer patients?		
yes	15 (93.8%)	322 (68.2%) Yes
no	-	6 (1.3%) Yes
I do not know	-	3 (0.6%) Yes
If yes, in what way is it part of the comprehensive approach?		
Routinely considered	13 (81.3%)	234 (49.6%) Yes
When a patient asks	10 (62.5%)	126 (26.7%) Yes
When weight loss > 10%	10 (62.5%)	126 (26.7%) Yes
During the palliative phase	5 (31.3%)	76 (16.1%) Yes
Other, please comment	1 (6.3%)	45 (9.5%) Yes

If not, because…		
Lack of evidence	-	1 (0.2%) Yes
No knowledge of the field	-	4 (0.8%) Yes
No reimbursement	-	1 (0.2%) Yes
It feeds the tumor	-	1 (0.2%) Yes
Other	-	21 (4.4%) Yes
Which nutritional therapy is used for oncology patients?		
Nutrition according to nutrition plan	12 (75%)	252 (53.4%) Yes
Calculation of energy needs	6 (37.5%)	251 (53.2%) Yes
Monitoring patients intake and supplementation with artificial nutrition when necessary	14 (87.5%)	314 (66.5%) Yes
None	-	0 (0%) Yes
Others	1 (6.3%)	37 (7.8%) Yes
If not, please indicate main reasons		
Lack of evidence	1 (6.3%)	1 (0.2%) Yes
Lack of experience	1 (6.3%)	3 (0.6%) Yes
No reimbursement	1 (6.3%)	1 (0.2%) Yes
Lack of dietitians	-	2 (0.4%) Yes
Lack of other experts	-	1 (0.2%) Yes
Other	-	13 (2.8%) Yes
How often do you assess the following parameters in cancer patients and which methods do you use?		
Anthropometry (circumference)		
Body weight		
Regularly	13 (81.3%)	240 (50.8%) Yes
At every chemotherapy	2 (12.5%)	53 (11.2%) Yes
When necessary	-	35 (7.4%) Yes
Never	-	2 (0.4%) Yes
I do not know	-	1 (0.2%) Yes

Anthropometry (circumference)		
Regularly	-	52 (11%) Yes
At every chemotherapy	-	12 (2.5%) Yes
When necessary	5 (31.3%)	92 (19.5%) Yes
Never	10 (62.5%)	161 (34.1%) Yes
I do not know	-	10 (2.1%) Yes
BIA		
Regularly	2 (12.5%)	19 (4%) Yes
At every chemotherapy	1 (6.3%)	4 (0.8%) Yes
When necessary	6 (37.5%)	119 (25.2%) Yes
Never	6 (37.5%)	169 (35.8%) Yes
I do not know	-	13 (2.8%) Yes
CT Scan		
Regularly	-	9 (1.9%) Yes
At every chemotherapy	-	2 (0.4%) Yes
When necessary	3 (18.8%)	80 (16.9%) Yes
Never	11 (68.8%)	202 (42.8%) Yes
I do not know	-	28 (5.9%) Yes
DEXA		
Regularly	-	1 (0.2%) Yes
At every chemotherapy	-	3 (0.6%) Yes
When necessary	1 (6.3%)	67 (14.2%) Yes
Never	14 (87.5%)	228 (48.3%) Yes
I do not know	-	22 (4.7%) Yes
Other		
Regularly	1 (6.3%)	11 (2.3%) Yes
At every chemotherapy	-	2 (0.4%) Yes
When necessary	2 (12.5%)	42 (8.9%) Yes
Never	9 (56.3%)	103 (21.8%) Yes

I do not know	-	61 (12.9%) Yes
Body function		
Handgrip		
Regularly	4 (25%)	41 (8.7%) Yes
At every chemotherapy	1 (6.3%)	10 (2.1%) Yes
When necessary	10 (62.5%)	142 (30.1%) Yes
Never	-	119 (25.2%) Yes
I do not know	-	10 (2.1%) Yes
6-minutes walking test		
Regularly	4 (25%)	11 (2.3%) Yes
At every chemotherapy	-	7 (1.5%) Yes
When necessary	4 (25%)	66 (14%) Yes
Never	7 (43.8%)	211 (44.7%) Yes
I do not know	-	21 (4.4%) Yes
Other		
Regularly	-	11 (2.3%) Yes
At every chemotherapy	-	1 (0.2%) Yes
When necessary	4 (25%)	54 (11.4%) Yes
Never	9 (56.3%)	132 (28%) Yes
I do not know	-	46 (9.7%) Yes
Nutritional requirements, calculated		
Regularly	9 (56.3%)	127 (26.9%) Yes
At every chemotherapy	-	10 (2.1%) Yes
When necessary	4 (25%)	151 (32%) Yes
Never	-	8 (1.7%) Yes
I do not know	-	7 (1.5%) Yes

Nutritional intake		
Every meal		
Regularly	2 (12.5%)	71 (15%) Yes
At every chemotherapy	-	5 (1.1%) Yes
When necessary	8 (50%)	137 (29%) Yes
Never	5 (31.3%)	57 (12.1%) Yes
I do not know	-	22 (4.7%) Yes
1 meal per day		
Regularly	2 (12.5%)	43 (9.1%) Yes
At every chemotherapy	-	6 (1.3%) Yes
When necessary	4 (25%)	94 (19.9%) Yes
Never	8 (50%)	72 (15.3%) Yes
I do not know	-	35 (7.4%) Yes
2 meals per day		
Regularly	1 (6.3%)	34 (7.2%) Yes
At every chemotherapy	-	5 (1.1%) Yes
When necessary	5 (31.3%)	103 (21.8%) Yes
Never	9 (56.3%)	78 (16.5%) Yes
I do not know	-	33 (7%) Yes
24h recall		
Regularly	4 (25%)	99 (21%) Yes
At every chemotherapy	-	9 (1.9%) Yes
When necessary	7 (43.8%)	147 (31.1%) Yes
Never	3 (18.8%)	26 (5.5%) Yes
I do not know	-	17 (3.6%) Yes
Other		
Regularly	-	12 (2.5%) Yes
At every chemotherapy	-	1 (0.2%) Yes
When necessary		

	3 (18.8%)	52 (11%) Yes
Never	8 (50%)	63 (13.3%) Yes
I do not know	-	49 (10.4%) Yes

Who filled in this questionnaire (Sheet1_oncology)?		
Dietitian	3 (18.8%)	144 (30.5%) Yes
Nurse	6 (37.5%)	65 (13.8%) Yes
Physician	4 (25%)	50 (10.6%) Yes
Nutritional scientist	-	55 (11.7%) Yes
Other	2 (12.5%)	16 (3.4%) Yes

ONCOLOGY SHEET 2

	Your Results	Reference Results
Outpatient (o) / ward (w)		
Outpatient (o)	1 (0.3%)	210 (4.7%)
Ward (w)	282 (82.9%)	3840 (86%)
I do not know	-	59 (1.3%)
Goal of Therapy		
c= curative	158 (46.5%)	2516 (56.4%)
p= palliative	111 (32.6%)	1352 (30.3%)
t= terminal	7 (2.1%)	86 (1.9%)
Reason for admission		
Clinical diagnostics	56 (16.5%)	584 (13.1%)
Therapy	105 (30.9%)	1888 (42.3%)
Surgery related	55 (16.2%)	635 (14.2%)
Treatment complications	37 (10.9%)	470 (10.5%)
Poor health status	91 (26.8%)	778 (17.4%)
Independent care difficult	26 (7.6%)	54 (1.2%)

Cancer diagnosis (actual)		
Breast	27 (7.9%)	358 (8%)
Colon, rectum	26 (7.6%)	496 (11.1%)
Prostate	6 (1.8%)	97 (2.2%)
Lung	22 (6.5%)	298 (6.7%)
Skin	3 (0.9%)	66 (1.5%)
Kidney/bladder	12 (3.5%)	130 (2.9%)
Gastric/oesophageal	13 (3.8%)	309 (6.9%)
Pancreas	14 (4.1%)	228 (5.1%)
Lymphoma	8 (2.4%)	378 (8.5%)
ENT	48 (14.1%)	222 (5%)
Leukemia	22 (6.5%)	408 (9.1%)
Genital tract	20 (5.9%)	213 (4.8%)
Liver	5 (1.5%)	115 (2.6%)
Sarcoma	22 (6.5%)	141 (3.2%)
Brain	7 (2.1%)	70 (1.6%)
Testicular	2 (0.6%)	47 (1.1%)
Other	31 (9.1%)	515 (11.5%)

Time since cancer diagnosis		
0-2 months	67 (19.7%)	1025 (23%)
3-5 months	55 (16.2%)	767 (17.2%)
6-12 months	54 (15.9%)	701 (15.7%)
1-2 years	32 (9.4%)	556 (12.5%)
2-4 years	25 (7.4%)	374 (8.4%)
> 4 years	40 (11.8%)	469 (10.5%)
I do not know	4 (1.2%)	69 (1.5%)

Cancer Staging		
Carcinoma in situ	5 (1.5%)	278 (6.2%)
Localized	47 (13.8%)	828 (18.6%)
Early locally advanced	38 (11.2%)	521 (11.7%)

Late locally advanced	18 (5.3%)	468 (10.5%)
Metastasised	121 (35.6%)	1490 (8.4%)
Time since first therapy start		
No therapy	15 (4.4%)	278 (6.2%)
Tumor staging/Diagnosis	21 (6.2%)	433 (9.7%)
0-2 months	87 (25.6%)	1094 (24.5%)
3-5 months	39 (11.5%)	632 (14.2%)
6-12 months	42 (12.4%)	525 (11.8%)
1-2 years	28 (8.2%)	435 (9.7%)
2-4 years	25 (7.4%)	298 (6.7%)
> 4 years	32 (9.4%)	391 (8.8%)
I do not know	7 (2.1%)	93 (2.1%)
Therapy situation		
Diagnosis	25 (7.4%)	417 (9.3%)
Chemotherapy 1st line	89 (26.2%)	1047 (23.5%)
Chemotherapy > 1st line	67 (19.7%)	780 (17.5%)
Radiotherapy	14 (4.1%)	358 (8%)
Target therapy	11 (3.2%)	199 (4.5%)
Hormone therapy	3 (0.9%)	50 (1.1%)
Palliative	29 (8.5%)	423 (9.5%)
Surgery	50 (14.7%)	656 (14.7%)
Cancer related complications	38 (11.2%)	281 (6.3%)
Therapy related complications	23 (6.8%)	164 (3.7%)
Infections		
None	200 (58.8%)	2885 (64.6%)
Local	35 (10.3%)	540 (12.1%)
General	38 (11.2%)	442 (9.9%)
Lab. Parameter (CRP)	39.5 [9.5-88.5]	20 [4-67]
Lab. Parameter (Albumin)	29 [24-35]	31 [18-38]

Nutrition treatment		
No special diet	114 (33.5%)	1680 (37.6%)
Individualized diet plan	123 (36.2%)	1141 (25.6%)
Energy rich/protein rich ONS	111 (32.6%)	1115 (25%)
Enteral nutrition (via NGT/PEG)	62 (18.2%)	248 (5.6%)
Parenteral nutrition	38 (11.2%)	347 (7.8%)
ONS enriched with special nutrients	2 (0.6%)	214 (4.8%)
Special nutrients (EPA, branched chained amino acids, glutamine, arginine, carnitine)	1 (0.3%)	65 (1.5%)
Personal preferences	56 (16.5%)	434 (9.7%)
Counselling	144 (42.4%)	694 (15.6%)
Other	3 (0.9%)	194 (4.3%)

ONCOLOGY Patient SHEET 3

	Your Results	Reference Results
Your usual body weight prior to becoming ill		
kg	76[62-85]	75 [64-86]
I do not know	3 (0.9%)	396 (8.9%)
Your actual weight		
kg	69 [57-79]	67 [58-80]
I do not know	3 (0.9%)	241 (5.4%)
Was your change in weight intentionally or unintentinally?		
Intentionally	10 (2.9%)	224 (5%)
Unintentionally	216 (63.5%)	2825 (63.3%)
Weight is stable	28 (8.2%)	537 (12%)
I do not know	6 (1.8%)	178 (4%)
Please mark what best applies to you during the last week:		

Have you had pain?		
Not at all	71 (20.9%)	1260 (28.2%)
A little	57 (16.8%)	1058 (23.7%)
Quite a bit	53 (15.6%)	855 (19.2%)
Very much	76 (22.4%)	675 (15.1%)
I do not know	2 (0.6%)	40 (0.9%)

Did you need to rest?		
Not at all	16 (4.7%)	721 (16.2%)
A little	59 (17.4%)	1040 (23.3%)
Quite a bit	68 (20%)	1046 (23.4%)
Very much	116 (34.1%)	1008 (22.6%)
I do not know	3 (0.9%)	53 (1.2%)

Have you felt weak?		
Not at all	32 (9.4%)	807 (18.1%)
A little	67 (19.7%)	1070 (24%)
Quite a bit	56 (16.5%)	1036 (23.2%)
Very much	103 (30.3%)	908 (20.3%)
I do not know	3 (0.9%)	46 (1%)

Did you feel depressed?		
Not at all	104 (30.6%)	1478 (33.1%)
A little	85 (25%)	1202 (26.9%)
Quite a bit	35 (10.3%)	663 (14.9%)
Very much	31 (9.1%)	462 (10.4%)
I do not know	3 (0.9%)	61 (1.4%)

Were you tired?		
Not at all	20 (5.9%)	719 (16.1%)
A little	70 (20.6%)	1192 (26.7%)
Quite a bit	64 (18.8%)	1063 (23.8%)
Very much	106 (31.2%)	837 (18.8%)

I do not know	3 (0.9%)	60 (1.3%)

Did pain interfere with your daily activities?

Not at all	77 (22.6%)	1420 (31.8%)
A little	41 (12.1%)	906 (20.3%)
Quite a bit	54 (15.9%)	752 (16.8%)
Very much	85 (25%)	714 (16%)
I do not know	2 (0.6%)	58 (1.3%)

Have you lacked appetite?

Not at all	71 (20.9%)	1338 (30%)
A little	50 (14.7%)	921 (20.6%)
Quite a bit	44 (12.9%)	851 (19.1%)
Very much	93 (27.4%)	706 (15.8%)
I do not know	3 (0.9%)	54 (1.2%)

Please mark what best applies to you just now:

Do you have pain?

Not at all	98 (28.8%)	1727 (38.7%)
A little	88 (25.9%)	1241 (27.8%)
Quite a bit	47 (13.8%)	567 (12.7%)
Very much	31 (9.1%)	303 (6.8%)
I do not know	1 (0.3%)	45 (1%)

Do you need to rest?

Not at all	23 (6.8%)	843 (18.9%)
A little	167 (49.1%)	1440 (32.3%)
Quite a bit	58 (17.1%)	989 (22.2%)
Very much	15 (4.4%)	557 (12.5%)
I do not know	2 (0.6%)	53 (1.2%)

Do you feel weak?

Not at all	39 (11.5%)	1079 (24.2%)

A little	89 (26.2%)	1274 (28.5%)
Quite a bit	66 (19.4%)	861 (19.3%)
Very much	68 (20%)	603 (13.5%)
I do not know	1 (0.3%)	54 (1.2%)

Do you feel depressed?

Not at all	135 (39.7%)	1837 (41.2%)
A little	72 (21.2%)	1099 (24.6%)
Quite a bit	24 (7.1%)	539 (12.1%)
Very much	24 (7.1%)	328 (7.3%)
I do not know	3 (0.9%)	62 (1.4%)

Are you tired?

Not at all	29 (8.5%)	1009 (22.6%)
A little	150 (44.1%)	1426 (32%)
Quite a bit	68 (20%)	890 (19.9%)
Very much	13 (3.8%)	463 (10.4%)
I do not know	1 (0.3%)	68 (%)

Does pain interfere with your daily activities?

Not at all	91 (26.8%)	1694 (38%)
A little	60 (17.6%)	965 (21.6%)
Quite a bit	43 (12.6%)	647 (14.5%)
Very much	57 (16.8%)	488 (10.9%)
I do not know	5 (1.5%)	63 (1.4%)

Do you lack appetite?

Not at all	85 (25%)	1478 (33.1%)
A little	112 (32.9%)	1176 (26.3%)
Quite a bit	47 (13.8%)	688 (15.4%)
Very much	13 (3.8%)	453 (10.2%)
I do not know	1 (0.3%)	59 (1.3%)

If your appetite or your food intake has changed, please indicate why?		
Nausea/vomiting	68 (20%)	855 (19.2%)
Inflammation in mouth	28 (8.2%)	249 (5.6%)
Pain	61 (17.9%)	621 (13.9%)
Constipation	40 (11.8%)	427 (9.6%)
Diarrhea	28 (8.2%)	291 (6.5%)
Change in taste/smell	45 (13.2%)	608 (13.6%)
Early satiation/loss of appetite	116 (34.1%)	1097 (24.6%)
Other	34 (10%)	666 (14.9%)

Which of the following activities can you perform at the maximum? (choose only one option)		
Able to do sports	6 (1.8%)	183 (4.1%)
Fully active	28 (8.2%)	498 (11.2%)
Able to carry out light activities	38 (11.2%)	954 (21.4%)
Able to carry out self care	81 (23.8%)	1011 (22.7%)
Able to carry out limited self care	52 (15.3%)	656 (14.7%)
Confined to bed or chair	57 (16.8%)	519 (11.6%)
I do not know	-	45 (1%)

What do you take without prescription from a doctor?		
Nothing	199 (58.5%)	2585 (57.9%)
Herbal tea	31 (9.1%)	429 (9.6%)
Nutritional supplements	6 (1.8%)	383 (8.6%)
Multivitamines	20 (5.9%)	263 (5.9%)
Other medication	11 (3.2%)	137 (3.1%)
Other	11 (3.2%)	171 (3.8%)

Which of the following activities do you perform?		
Nothing	177 (52.1%)	2699 (60.5%)
Psychotherapy	10 (2.9%)	188 (4.2%)
Yoga	9 (2.6%)	71 (1.6%)
Meditation	19 (5.6%)	158 (3.5%)
Progressive muscle relaxation	11 (3.2%)	111 (2.5%)

Qigong	3 (0.9%)	15 (0.3%)
Other	48 (14.1%)	641 (14.4%)

Is it difficult to comply with your treatment?

Yes	46 (13.5%)	997 (22.3%)
No	182 (53.5%)	2400 (53.8%)
I do not know	36 (10.6%)	463 (10.4%)

Did anyone help you to complete the questionnaire?

Yes	111 (32.6%)	2346 (52.6%)
No	151 (44.4%)	1481 (33.2%)
I do not know	3 (0.9%)	56 (1.3%)

Do you believe that including nutrition in the therapeutic approach to your cancer could provide relevant benefit to you?

Yes	144 (42.4%)	2653 (59.4%)
No	32 (9.4%)	519 (11.6%)
I do not know	86 (25.3%)	715 (16%)